

# Annual Report **2016-17** and Business Plan **2017-18**

## Summary

## Our first year and beyond

In April 2016, devolution gave Greater Manchester control of its £6 billion health and social care budget - a historic opportunity to improve the lives of our 2.8 million population.

These are the highlights of our first year in charge, having launched the most ambitious transformation programme for health and care anywhere in the country.

They show what we've achieved, the challenges ahead and the next steps in our vision to make the region a better place to live with healthier, happier and wealthier people.

## What's changed in 2016-17?

**We have achieved a great deal in our first year, exceeding many national targets, improving the quality of services and delivering strong financial results.**

The changes have already started to make a difference. Patients are being treated quicker following referral to a specialist, especially with a suspected stroke. We've speeded up tests to get a definite diagnosis sooner and more people with mental health needs are getting the expert care they need straightaway.

We still face many challenges. There is continued huge demand on urgent and emergency care, the projected social care funding gap for the region, speeding up transfers from hospital to home or other appropriate care, ensuring high quality care across the region, along with an increasingly ageing population, often with multiple illnesses. This places pressure on how quickly we can make improvements but we have plans in place to tackle these.



## Making it easier to get the right care

We want everyone who needs it to have the same great social care, so we've reviewed current services and asked people what they think needs to change. Our priorities are more support for carers, people receiving help in their homes, residential and nursing care and people with learning disabilities.

## Getting treated in our hospitals



We've started work on plans to change the shape of hospital care for the better, making the most of our specialist skills and facilities. For instance, the city of Manchester is working towards a 'single' hospital service.

We've started creating specialist sites so patients get seen quicker by the right experts. Under the Healthier Together programme, there'll be four hospitals (Salford Royal, Central Manchester, Royal Oldham, Stepping Hill/Stockport) for emergency and planned high-risk operations. Salford Royal has pulled in expertise from three different sites into a single team and is now the main surgical centre for stomach and throat cancer.



## Change on your doorstep

We've been changing structures and systems to guide and support new 'Local Care Organisations'- bodies made up of different types of groups and services which will share budgets and resources and provide the right health and care for local people.

And as well as setting up care organisations and making plans, our 10 towns and cities have been very busy making improvements. For example, Bolton worked on new ways of easing pressure on A&E and new community services in Oldham mean people can see specialists about skin, heart, stomach and other problems closer to home.

## Better community links



We've strengthened our relationship with the 15,000 voluntary and community organisations and social enterprises through a formal agreement and £1.1m funding.

We've also agreed how best the 10 Healthwatch bodies in Greater Manchester, which act as independent 'patient champions', can be involved in our decisions.



## Maternity services

We're working with East Cheshire NHS Trust to develop local maternity care that's not only the safest and best it can be, but offers mothers and their families a real choice of services.

Our Family Nurse Partnership is proving a big success. Specially trained nurses visit first-time young mums at home regularly, from early pregnancy until their child is two, to offer practical and emotional help and advice.

## Children's health



We talked to lots of people while we put together our early years strategy. It will offer extra support to give children in Greater Manchester the best start in life.

We've now got a health and wellbeing board to oversee changes to services for the 770,000 children and young people in Greater Manchester.



## Diabetes

Diabetes is a growing problem. During the year we got more GPs to take part in a national audit to give us a clear picture of what help is on offer locally.

We also got funding to target people at extra risk of developing type 2 diabetes. Eight areas of Greater Manchester are now involved in a national programme to prevent diabetes.

## Cancer



We've drawn up a plan to tackle cancer over the next five years. We've been testing different ways to make people think more about cancer risks, change their behaviour and lifestyle and get screened for cancer. We're aiming to sign up 20,000 'cancer champions' – people touched by cancer, their family and friends by 2019 to help offer advice and support about their experiences.

We've been chosen as part of the national cancer 'vanguard' – we get an extra £2.3m funding and will be able to try out new types of cancer care.



## Mental health

We want to offer anyone with mental health needs, and their family, joined-up support where they live, as soon as they need it. Our wellbeing strategy sets out what employers, schools and colleges, people's own communities and health and care organisations can do to help.

We've paid particular attention to suicide prevention, eating disorders, ADHD (attention deficit hyperactivity disorder), children and young people in crisis and women just before and after giving birth, when they're at particular risk of developing mental health needs.

## Dementia



Our long-term project, Dementia United, aims to make sure people with this condition get the best possible care. We've agreed new standards, produced free resources to help staff who look after people with dementia and worked with pharmacies to offer more dementia support in the community.

New local schemes have started. In Tameside and Bury, for instance, Storybox uses art, poetry and music to connect to people with memory loss.



## Learning disabilities and autism

As a fast-track site for the national Transforming Care programme, we're particularly keen to move people with learning disabilities and/or autism out of long-stay hospitals and into community care nearer home. We've been working on the safe transfer of local people with learning disabilities back to care in Greater Manchester from hospital in Lancashire.

We're also working with social care to offer people with learning disabilities more help when they live with their families, and more opportunities to get a job.

## Who's steering the changes?

Greater Manchester Health and Social Care Partnership is leading the transformation programme. It includes all Greater Manchester's NHS organisations and councils, primary care, voluntary, community and social enterprise groups, NHS England, Healthwatch, the police and the fire service.

The Partnership is run by an executive team and our Strategic Partnership Board (membership from all our partners) agrees and monitors the changes. The board meets frequently in public and you can find out what's going on by attending, watching online [GreaterManchester-ca.org.uk](http://GreaterManchester-ca.org.uk) or reading the board papers on [gmhsc.org.uk](http://gmhsc.org.uk)

## The road ahead

We've made good progress in our first year and have a business plan and strategies that set out the challenges we face in the next 12 months and how we'll tackle them.

Here are some things at the top of our 'to do list'.

### Start well

- The best start in life means giving pregnant women and new mums all the help they need. We particularly want to support them with mental health issues like depression and to stop smoking.
- Treating tooth decay in children costs the region £19 million a year and adds to A&E admissions. Health visitors will give out toothpaste and toothbrushes when they check on under-fives, and there'll be teeth-brushing sessions at primary schools and nurseries.
- We will work with the Mayor of Greater Manchester to help more children become 'school-ready'. We will work to exceed the national average for the number of children reaching a 'good level of development' at the end of reception.



### Live well

- We want more people with cancer to be diagnosed as early as possible so they get treatment sooner. Our growing network of cancer champions will help spread the message about preventing cancer, spotting the signs and having regular checks.
- Greater Manchester is home to top cancer research – every year more than 500 people with cancer will have the chance to be part of new clinical trials. And in future every cancer patient will get their own 'recovery' package of help to live well after treatment.
- We will work towards reducing the number of people who smoke to 150,000 by 2020.
- Greater Manchester remains an area with high rates of people going to hospital for unplanned treatment. In 2016-17, around 1.2 million people attended A&E departments. Urgent and emergency care reform will continue with a 24-hour 'hub' which will monitor how services are running and help prevent delays.
- You'll have more access to care locally - improving access to the right people, at the right time – such as your GP, pharmacist or other community workers including care navigators. This includes support through voluntary and community groups.
- Our plans for specialist hospitals and centres, will bring together experts in different treatments, enabling even



## Live well continued

more specialist training, together with the equipment and facilities needed, meaning better care for patients.

- We've got a new £134m mental health plan that will pull together different services to help people of all ages with mental health needs especially children, young people and new mums. This includes tackling things that affect mental health like debt, loneliness and poor housing.
- We will work with the Mayor of Greater Manchester to create a new homelessness action network to improve care pathways for homeless

people, covering access to primary care, mental health and addiction services.

- Our 2017/18 workforce strategy will target skills shortages, highlight and tackle skills gaps within the existing workforce and look at growing our own talent here in Greater Manchester.
- Through our 'Working Well' programme, we are developing ways to support people with long-term conditions including those with mental health needs to gain employment and stay in the workplace.

## Age well

- We will tackle malnutrition and dehydration in older adults, building on the work in Salford where a paperweight armband has been used to monitor weight loss.
- We will aim to reduce fall-related injuries, offering people support to adopt a lifestyle that strengthens their

bones with exercise and diet and assesses whether they need medicines to avoid the risk of breaking bones.

- We'll focus on improving Greater Manchester residential and nursing care homes.





## Keeping you involved

We want to keep learning from your experiences and hearing your views and ideas. We'll let you know what's happening and how it may affect you.

You can visit our website at [www.gmhsc.org.uk](http://www.gmhsc.org.uk) or get in touch with us directly:

Email: [gm.hscinfo@nhs.net](mailto:gm.hscinfo@nhs.net)

Tweet: [@GM\\_HSC](https://twitter.com/GM_HSC)

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